

#### **Exchange hours**

All exchange facilities and Contractual Operations will be closed Nov. 26 in observance of Thanksgiving Day.

#### **Thanksgiving** service

A Thanksgiving service will be held at the Base Chapel. All are invited to attend Nov. 25, 5 -

There will be singing, giving thanks and cornucopia distribution.

Canned food donations will be accepted. For more information, call 643-6021.

#### **Wellness van**

Wellness Van to visit Capehart Housing on Nov. 24 from 10 a.m. to 2 p.m. HAWC staff will be conducting Health Risk Appraisals, Blood Pressure checks, and cholesterol screenings. The Wellness Van will be in the Youth Center parking lot. Please call 643-4648 if you have any questions.

#### *Spacemake*r

The Spacemaker will not be published Nov. 26 due to Thanksgiving Day. Articles and other items for the Dec. 3 publication must be submitted by Nov. 25.

#### Thrift store closed

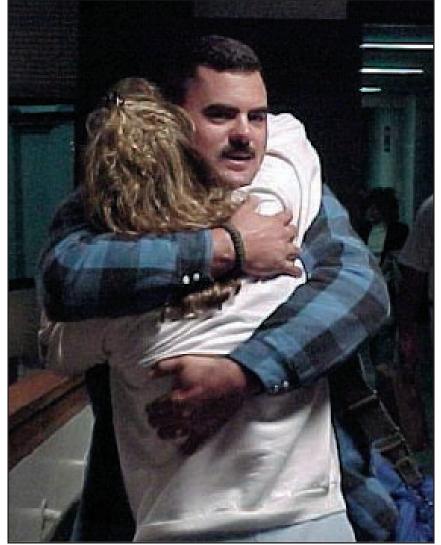
The McClellan Thrift Store will be closed Nov. 25 -26 in observance of Thanksgiving Day.

#### Holiday in the Hangar

This year's Holiday in the Hangar Christmas Party is on Dec. 16. Purchase your tickets to ensure you don't miss it! The party will be held from 1 - 4:30 pm in Butler Hangar, Bldg. 360. This year's tickets are available now at \$3 each.

#### Inside

Commentary	Page	3
Personnel News	Page	4
TOD Feature	Page	6
Bulletin Board	Page	8
Health News	Page	11



U.S. Air Force Photo by Master Sgt. Daniel S. Cormier

# Team returns home for the holidays

Secuirity Forces Squadron is welcomed home from a deployment by his wife Wendi at the Sacramento International Airport Sunday. Gutridge along with nine other Security Forces airmen returned from a 120-day, routine deployment to Southwest Asia. The team included: Senior Airman Michael Simpson, Christopher Weldon, Tracy Gordon; Airman 1st Class Brian Fearon, Alexis Fiore; Airman Christopher Mickelson, John Gross, Edward Fritz and Michael Rocha.

# **Additional Southwest** Asia deployments begin

**Courtesy of Air Force Print News Service** 

The additional forces ordered to deploy include an air expeditionary force of F-16CJs, F-15C's and -Ds, F-16s and B-1s. Besides the

AEF, additional F-16CJs, F-117s, B-52s, EA-6B's and Marine Corps F/ A - 18 s have been ordered to the Gulf for a total

of 98 combat aircraft.

Some 41 support aircraft, including 37 fixed-wing and 4 rotarywing aircraft will also deploy. Additional Patriot units and people, a light infantry battalion and an additional 3,000 Army troops will deploy to the Gulf region as well.

Because these units have been in an alert status for the past several months, actual departures from home stations could begin as early as this weekend, with arrivals in

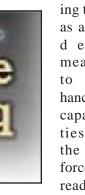
the Arabian Gulf as early as the middle of next week. Deployment of the entire package of additional forces is expected to take no more than about two weeks.

These actions, according to a Defense Department spokesman,

> "are being taken as a prud e n t measure hance the capabilities of the U.S. forces already on

duty in the region and to provide more military options should the use of force become necessary.

"As the president said on Nov. 11, 1998, we would prefer a peaceful solution, one where Saddam Hussein honors his commitments and the requirements of the U.N. Security Council resolutions and allows UNSCOM to do its important work. If this does not happen, we may have to pursue other options."



#### two new chiefs **Courtesy Air Force Personnel Center News**

McClellan gets

Service

Senior Master Sgt. Edward D. Cahoon, Technical Operations Division and Senior Master Sgt. Walter L. Sokol, Jr., 77th Communications Squadron were selected for chief master sergeant out of nine elegible McClellan Air Force Base senior master sergeants.

The Air Force has tentatively selected 612 of 2,864 eligible senior master sergeants for promotion to chief. This represents an overall 21.37 percent selection rate for the 98E9 cycle.

The Chief Master Sergeant Evaluation Board met Oct. 5. Board scores constitute 57 percent of a person's total score used for determining promotion. Promotions are finalized after data used in the selection process is verified against the contents of each member's official service record.

Those selected will be promoted to chief master sergeant throughout the 1999 calendar



#### 643-3344

Action Line 77 ABW/CC 5241 Arnold Ave. McClellan AFB, CA 95652-1086

#### email: Actionline

Since I've been your wing commander, I've had much opportunity to hear from you on how we can make things better. This **Action Line** has been a key avenue and remains a good means to obtain feedback on how we're doing and how we can improve.

If you have or see a problem, try to work it through the responsible agency or activity first, since that will provide the most rapid resolution or action. If you still can't get the problem resolved, then try to work it through your chain of command. If the problem still exists after you've taken these two steps, then let me know so we can try to help.

In your request, please be brief, but include enough information to address the entire issue. Also, please let me know the specific action you want taken. I need your name, duty phone, and address so that we may send you a written response. I treat each call very seriously

AAFES	920-0537
Civilian Pay	643-6725
Civil Engineering	643-5624
Civilian Personnel	643-2860
Commissary	643-4954
Crime Stop Hotline	643-6161
Dining Hall	643-5092
Family Support Center	643-1106
Focus Center #1	643-5661
Fraud, Waste & Abuse	643-6000
Housing	643-6221
Legal	643-3150
Lodging	643-6223

-	3	. 411	. /	1
	S TOWN			
		Pro-		
		-	19	13
	-	(FX)	0	A
as -	14		3	

Col. W.P. "Bear" Ard 77th Air Base Wing commander

and read each response. If I feel the issue is of interest to the entire McClellan community, we may also print it and the response in the *Spacemaker*.

Our overall goal is to better serve you. In this same vein, we also like to highlight those areas that provide high quality or exceptional support, so we can build upon and expand them. To do these things, I need your involvement.

I also welcome your input in other ways. On a quarterly basis, I hold Town Hall meetings with community members, and I regularly meet with various groups on base (the Chiefs, First Sergeants, etc.). Please plug into one of these avenues to get your voice heard. You have a say in how we serve you!

Medical	
Appointment Desk 643-8400	
After Hours 643-7212	2
TRICARE Service Center (800) 242-6788	3
Military Pay 643-6965	
Military Personnel 643-1094	1
Public Affairs 643-6127	7
Retiree Activities 643-2207	7
Security Forces 643-6160	)
Services 643-6660	)
Social Actions 643-3322	2
Supply 643-5213	3
Uniform Questions 643-405	1

### **SPACEMAKE R**

#### **Air Force Vision**

"Air Force people building the world's most respected air and space force ... global power and reach for America"

#### Air Force Materiel Command Vision

"Quality Systems for America's Air Force"

This funded Air Force newspaper is an authorized publication for members of the U.S. military services. It is printed under contract by *The Auburn Journal*, of Auburn, Calif. Contents of **SpacemakeR** are not necessarily the official views of, or endorsed by, the U.S. Government, DoD, or the Department of the Air Force. The editorial content is edited, prepared, and provided by the Public Affairs Office at McClellan Air Force Base, Address: SM-ALC/PA (**SpacemakeR**) 3237 Peacekeeper Way, Ste. 5, McClellan AFB, CA 95652-1048. Phone: (916) 643-6100 or DSN 633-6100. **Deadlines** for articles or photos is noon, Thursdays, one week prior to publication date. To email stories or information for publication in the **SpacemakeR**, send to stubbs.ester@email.mcclellan.af.mil. Photos are U.S. Air Force photographs, unless otherwise indicated.

Sacramento Air Logistics Center Bldg. 200, Room 125 (916) 643-6100 http://www.mcclellan.af.mil/PA/spc.htm

#### **Public Affairs Editorial Staff**

Brig. Gen. Michael P. Wiedemer	SM-ALC Commander
Col. W. P. Ard	77th ABW Commander
Maj. Robert J. Gonzales	Director, Public Affairs
Victoria R. Merriweather	. Chief, Internal Information
Ester A. Stubbs	Editor
Laura J. Williams	Staff Writer
Edward Rivera	Staff Writer

#### Article reprints

I would like to request a re print of an article printed in the Spacemaker a few months ago. What office should I call?

To receive a copy of an article printed in a previous edition of the Sapcemaker, you may contact the Public Affairs Office, Bldg. 200, room 125, or call the *Spacemaker* staff at 643-6100. Past editions are on the web at www.mcclellan.af.mil/PA/spc.htm.

You can assist the staff to locate your article by having the date of the paper in which the article appeared. If you don't know the exact edition, give them as narrow a window to search as possible.

The *Spacemaker's* phone number, and address can be found on page two in each week's edition.

### Safe shopping

I was shopping at the commissary and a six foot long steel pipe fell from the ceiling. I was told it was because they were putting up a new roof. If this is the consequence of putting up a new roof, shouldn't the safety of your customers and employees be important enough to have construction done after duty hours.

A We understand your concern at having a section of pipe fall

through the commissary ceiling, and want you to know that we are equally concerned

When the incident occurred, an engineer was immediately sent to investigate the problem, determine the cause, and evaluate any further possible danger to commissary patrons or workers.

Repairing a roof above a steel decking is not inherently dangerous to building occupants and does not require the work to be done after duty hours

This case was an exception. We found a deficiency in the original construction, completed almost 20 years ago.

Our engineer did a complete evaluation and found several ex-

amples of utility support systems that did not meet building code, but that were not in danger of immediate failure, nor were they in the customer service portion of the store. Our project contractor accompanied the engineer and representatives from the safety office in preparation for contractor action early next week.

The commissary manager also accompanied the group, prepared to take whatever emergency actions were necessary. The contractor should complete his work within the next two weeks. We want to reassure you that safety is the prime concern of all Air Force personnel and we will continue to take all prudent actions to ensure that safety is maintained.

# Holiday in the hangar planning in full swing

#### Courtesy of Holiday in the Hangar committee

Highlight your calendar for Dec. 16 and purchase your ticket to ensure you don't miss this year's Holiday in the Hangar Christmas Party!

The party will be held from 1 - 4:30 pm in Butler Hangar, Bldg. 360. This year's tickets are available now at \$3 each. This nominal cost

will give you chances at great door prizes.

There will be hors d'oeurves and entertainment and, best of all, you'll

have the opportunity to enjoy the holiday spirit and socialize with fellow

McClellanites you may not have seen in months.

For more information on party events, or if you would like to volunteer to help, contact Dave Mettler, LATB, 643-0372.

Representatives are eager to sell you a ticket. Following is a list of who to contact to get your ticket.

#### Holiday in the Hangar ticket sellers

<u>Seller</u>	<u>Unit</u>	<b>Phone</b>
Sylvia Dever	Safety Office	643-6227
Barry Monroe	77ABW/LG	643-3160
Linda Norris	EM	643-2517 ext. 331
1st Lt. Lorena Bailey	CC, CV, SA,	
	XP & Museum	643-0077
Dave Mettler	LAT	643-0372
Master Sgt. Darryl Morris	77SFS/SFOL	643-0646
Technical Sgt. Mark O'Neill	77SFS/SFOL	643-3839
Victoria Meriweather	PA	643-6127
Janice Lancaster	LHAS	643-4235
Lt. Col. Steve Herrlinger	LH	643-3590
2nd Lt. Cecilia Lozado	LH	643-1044 ext. 352
Marian Jude	LI	643-2927
Capt. Zahid Sulaiman	77MDG	643-0311 ext. 344
Charles Morin	MQ	643-2876
Cynthia Slife	PK & tenants	643-5916
Joe Banta	CL & tenants	643-1140
2nd Lt. Marti Owens	LAFME	643-6024
2nd Lt. Jay Moore	LAFV	643-3725

# America celebrates Military Family Week

Linda D. Kozaryn

American Forces Press Service

Mom or Dad may wear the uniform, but as every military family member knows, spouses and children serve the nation as well. Along with their military husbands and

wives, mothers and fathers, they, too, serve throughout the United States and overseas. President Clinton re-

cently hailed military families, and America will soon honor their unique service during Military Family Week, Nov. 22 to 29. The president called on Amerifamilies can across the nation to give special thanks during this holiday season for the service and sacrifice of America's men

women in uniform and their fami-

"Americans owe a profound debt of gratitude to our military families," Clinton said in his 1998 message to military families.

Military family members' love and support strengthens the nation's armed forces who serve across the nation and around the world, "defending America's freedom, promoting our values and carrying out vital humanitarian and peace-keeping missions," the president



Throughout the years, he noted, military families have had to endure "weeks, months, and sometimes years" of separation from loved ones. "Hillary and I ... think of all those who will still be apart at this holiday season, and we rejoice with those who have been reunited after lengthy separations."

"Families are a critical part of the DOD mission," according to Gail McGinn, the Pentagon's principal director for personnel support, families and education.

Military Family Week provides an opportunity to say thank you, she said in a recent interview. Pentagon leaders know it's not easy being a military family, she noted. Separations due to deployments, new assignments, schooling and other duties have always been an issue for military families.

"Military families have to be able to sustain themselves when the military member is away," McGinn said. "Military spouses take on much responsibility for managing the household over and above what they would do when their spouse is there."

Pentagon leaders have recognized the fact that when a service member decides to stay in the military, it is a family decision, McGinn said. As a result, the Defense Department has initiated programs aimed at helping military family members deal with the particular stresses of military life. These include spouse employment and relocation services.

"Overall," McGinn said, "there's been a general recognition that families are part of the team and that we've got to build support structures for our families so they can support us in our very important mission."

Admittedly, military life has its drawbacks, McGinn said, but being part of the military community also has its rewards. "We have done some good work in the last few years in improving and upgrading programs and facilities for our military families," she said. "We've worked very hard at building military communities that are safe and that offer community services."

DOD's child care system has been recognized as one of the best in the country, McGinn said, and DOD has

SEE FAMILY, PAGE 12

# AFPC clarifies uniform regulation rumors, questions

RANDOLPH AIR FORCE BASE, Texas (AFPC) - The Air Force Personnel Center is answering numerous questions about uniform items. These questions have come as part of an overwhelming response to a recent news release regarding changes to the uniform.

The responses indicate the existence of widespread rumors about some of these items.

"There are some rumors circulating about several uniform items that need to be corrected to stop any misinterpretation of the instructions," said Staff Sgt. Randy Larson, NCOIC, Air Force Dress and Appearance in AFPC. "The rumors are about some relatively new items."

The Battle Dress Uniform stripes, white cardigan sweater, blue cardiand rank on the gortex parka are the items of highest concern.

BDU Stripes — The correct BDU stripes for women are the 31/ 2- or 4-inch chevrons, while the males are only authorized to wear the 4-inch chevron. This change was made Oct. 1, 1997, with the phase out of the old chevrons.

White Cardigan Sweater — The white cardigan sweater may be worn as part of the maternity uniform. It may be worn by pregnant members indoors; however, since it is not considered an outergarment, it must be worn under an outergarment when worn outdoors.

Blue Cardigan Sweater — When the blue cardigan sweater is worn outside it must be buttoned.

dress jacket, green cloth jungle boots dress jacket must be changed from tober and the contractor says they

the Air Force shield to the Hap Arnold buttons. Larson said there supply channels in December or

however, it is permissible people to buy the transformation kit and transfer over to the new buttons.

Green Cloth Jungle Combat Boots — These boots are still authorized and are not planned for phase out.

Gortex Parka — Larson said the

slide-on cloth rank insignia, to be their base. Mess Dress Jacket — It is ru- slipped over the tab of the parka. gan sweater, buttons on the mess mored that the buttons on the mess A contract was awarded in late Oc- Force uniform may e-mail Larson at

will have the insignia available in is no requirement for this change, January. The stock numbers and

There are some

about several

rumors circulating

uniform items that

need

stop any

misinterpretation of

the instructions.

to be corrected to

wear criteria are still being worked out. Members should look to their major command supplement to AFI 36-2903, Dress and Personal Appearance of Air Force Personnel, to see if they allow that rank to be worn

Air Force has decided to go to a when it does become available on

People with questions about the Air Randy.Larson@afpc.randolph.af.mil.

# Career path information available on the web

Career paths can help Air Force people successfully develop personally and professionally. The general Air Force enlisted career paths can be found in Career Field Education and Training Plans. They outline expected times for promotion, training requirements, and retraining requirements — all milestones that make a successful enlisted career. Functional managers may include specific career field information in the CFETP.

Officer career paths can be found in Air Force Pamphlet 36-2630, The Officer Professional Development Guide. This pamphlet is designed for commanders, supervisors, and active duty offic-



ers. It provides a general map for officers to study and points out a path that develops them through a continuous process of self-study, formal education, training and experience.

The pamphlet gives overall Air Force officer career expectations and provides sections on each major career field. Air Force Pamphlet 36-2630

is available on the Air Force Personnel Center Home Page at http://www.afpc.randolph.af.mil under officer career path guide.

Civilian career paths are in Air Force Manual 36-606 Volume II, Air Force Civilian Career Planning. It applies to supervisors managers, and employees by providing information on civilian career planning and specific information on each career program's career patterns and master development plans. Currently under revision, changes to this manual will include a leadership development path and new career programs. Changes should be incorporated by this spring.

Catere

#### 4 SPACEMAKER Nov. 19, 1998

#### Personnel News

# Prior-service skills list released to get 300 former airmen back

RANDOLPH AIR FORCE BASE, TEXAS – The Air Force hopes to attract at least 300 former airmen to return to active duty in 1999 through the enlisted prior-service skills program.

This program complements the nonprior service accessions program. It allows the Air Force to immediately fill noncommissioned officer shortages in certain specialties with individuals with previous military experience.

The Air Force has completed its review of the program—100 Air Force specialties now qualify. A limited number of retraining opportunities in the following Air Force specialty codes are available to prior-service enlistees: Combat Control, 1C2X1

- •Pararescue, 1T2X1
- •Missile and Space Facilities, 2M0X3
- •Comm-Computer SystemsControl, 3C2X1
- •Electrical Systems, 3E0X1
- •Engineering, 3E5X1
- •Operations, 3E6X1
- •Surgical Service, 4N1X1
- •Military Training Instructor, 8B0X0

•Recruiting, 8R0X0

•Professional Military Education Instructor, 8T0X0

Additionally, other service members who complete physical abilities and stamina test can enter training as combat controllers, 1C2X1 and pararescue, 1T2X1

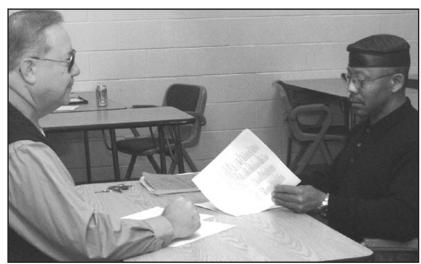
The basic criteria for former enlisted members to re-enter the active force are:
•Served no more than 12 years of active service;

- •Separated no more than four yearsfrom the time of re-entering active duty;
- •Grade of E-4 through E-6;
- •Did not receive a monetary incentive such as the voluntary separation incentive or the selective separation bonus upon separation.

Reserve and Guard members are also eligible with commander approval.

During the early to mid-1980s, the enlisted prior-service program involved up to 3,000 people annually. It has been used sparingly most of this decade because of overall force reductions.

For more information call your local Air Force recruiter, or the Air Force opportunities Center at 800-423-USAF.



U.S. Air Force photo by Laura J. Willia

**Tinker bound** 

Chris Thomas, hydraulic mechanic in the commodities directorate, right, reviews a position description with Ron Hancock, a pneudraulics recruiter from Tinker Air Force Base, Okla. Thomas was offered and accepted the position on the spot. The recruitment team from Tinker was looking to fill 225 positions.

# TSP enrollment open season is available now through January

The Thrift Savings Plan Open Season began Nov. 15 and will be open through Jan. 31.

Open Season allows eligible employees to enroll in the Thrift Savings Plan or change contributions to their accounts. Enrollments or changes will become effective on Jan. 3, if submitted by that date. Applications submitted after that date will become effective during the following pay period.

The Thrift Savings Plan is a taxdeferred retirement savings plan, open to both Federal Employees Retirement System and Civil Service Retirement System employees. FERS employees may contribute up to 10 percent of their basic pay each pay period, with the government matching up to five percent. CSRS employees may contribute up to five percent of their basic pay, with no government matching contributions. No taxes are paid on TSP contributions until funds are withdrawn after separation from federal service.

Both FERS and CSRS employees have a choice of three investment funds:

The G Fund is a government securities investment fund which is invested in short-term U.S. Treasury securities that are specially issued to the TSP.

The C Fund is a common stock index investment fund that consists of the common stocks of all the companies represented in the Standard and Poor's 500 stock index.

The F Fund is a fixed income index investment fund which is invested in a bond index fund that tracks the Shearson Lehman Brothers Aggregate Bond Index.

TSP information and forms are available in Civilian Personnel, Building 10, between 9 a.m. and 3 pm. daily, except Tuesdays. If you have any questions regarding the Thrift Savings Plan, please call the Benefits Section at 643-5702.

**Guard Positions** 

The Hayward Califorinia Air National Guard is accepting Palace Chase and Palace Front ap-

plications for all E-5s and below

who are qualified or cross trainable into these Specialty Codes:

2E1X1, Satellite/Wideband

2E1X3, Ground Radio Main-

now available

## Naval base recruiters come to Focus Center with immediate openings

Naval bases at Port Hueneme and Corona will be at Focus Center l, Building 9, on Tuesday recruiting for immediate openings. Port Hueneme has 40 – 50 openings and is looking for the following engineers: electronic, computer, and mechanical. They are also looking for GS-0346, logistics management specialists.

Corona has 20 openings and is looking for the following: project management, computer and metrology/calibration engineers.

The recruiters will be here from 11 a.m. to 4 p.m. to address walkin questions, and accept resumes.

Administrative leave may be used for this function.

## **FOCUS Center Jobs**

This section contains some of the job announcements available at the McClellan FOCUS Centers. For additional information, contact one of the FOCUS Centers: #1 643-5661; #2, 643-0086; #3, 643-6808.

**Position:** Apprentice Equipment Mechanic, BB-5803-00 **ANNC#:** BOR-MP-99-207

Close: Nov. 23

Agency: Bureau of Reclamation

**Location:** Folsom

**POC:** Inga Chow (916) 978-5471 **Remarks:** Review vacancy announcement and contact agency for additional information. A mandatory aptitude test will be given in Sacramento Area.

Position: Apprentice Painter, BB-

4102-00

**ANNC#:** BOR-MP-99-208 **Close:** Nov. 23

Agency: Bureau of Reclamation

Location: Folsom

**POC:** Inga Chow (916) 978-5471 **Remarks:** Review vacancy announcement and contact agency for additional information. A mandatory aptitude test will be

**Position:** Clerk Typing, GS-303-

given in Sacramento Area.

05/05

**ANNC#:** 98-45-21030 **Close:** Nov. 23

Agency: Dept. of Justice Location: Sacramento POC: Terry Phelps (202) 307-

1796

**Remarks:** Review vacancy announcement and contact agency for additional information.

Position: Examinations Assistant,

GS-1802-05/06

ANNC#: SFR-99-SAC-01 Close: Nov. 20

Agency: Dept. of Justice

**Location:** Sacramento **POC:** Anita Brodit (415) 705-4607

(02) 307-

tenance. 2E6X2, Cable Systems Main-

Communication Maintenance.

tenance. 2E7X3, Telephone/Data Cir-

cuitry Maintenance.

3E5X1, Engineering Assis-

For more information call Master Sgt, Ed Heinbaugh at (800) 352-1881 or DSN 359-9082 ext. 5622

# Base employee Commuter card renewals start Dec. 1

McClellan AIr Force Base employees holding Commuter Cards will be able to renew their access to Sacramento Regional Transit Dec. 1.

Employees should consult the renewal schedule to determine when their card will be renewed. New cards, including new photographs, will be required to continue using the free and unlimited transit service after Dec. 31.

Commuter Cards will be renewed at the Base Rideshare Office in Building 269 D. Applications will be mailed to current cardholders and will also be available at the Rideshare Office. Expect a 15-minute wait for processing the application and having the new

card issued.

The new cards will expire at the end of September, 1999.

Any McClellan employee with a military, civilian or DLA identification card is eligible for a Commuter Card. Contract employees, retirees and dependents are not eligible.

The free transit program is made available through the Federal Employees Clean Air Incentives Act which encourages federal employees to utilize alternative transportation to increase air quality and decrease energy consumption.

Since the Commuter Card program began four years ago, transit ridership at McClellan has doubled.

#### **Commuter Card Renewal Schedule:**

<u>Date</u>	<u>Time</u>	First letter of last name
Dec. 1 Dec. 1	9 a.m noon 11 p.m 4 p.m.	A B
Dec. 2	9 a.m noon	C, D & E
Dec. 2 Dec. 3	1 p.m 4 p.m. 9 a.m noon	F, G & H I, J & K
Dec. 3 Dec. 4	1 p.m 4 p.m. 9 a.m noon	L, M, N Make up appointments for
Dec. 7	9 a.m noon	employees A-N O, P, & Q
Dec. 7	1 p.m 4 p.m.	R, S & T
Dec. 8 Dec. 8	9 a.m noon 1 p.m 4 p.m.	U, V, W, X, Y & Z Make up appointments for any employee.

### Medical group recommends wise use of emergency room

Capt. Lynn Elbert, RN 77th Medical Group

When should you go to the nearest emergency room? When is it more appropriate to call your doctor or use an urgent care clinic? When should you call the Health Care Information Line? Knowing the answers to these questions will help you get the best health care and save you time and money.

Health concerns can be grouped into three categories that determine when you should see a

doctor. They are routine problems, urgent problems, and emergencies.

Routine problems are those that will often get better with self-care measures such as rest, fluids, and over-the-counter medications. These include things like colds, minor cuts and scrapes, and the flu. Other routine problems such as medication refills and second opinions are best handled by scheduling an appointment with your regular provider.

Urgent problems are not emergencies, but should be seen by a provider the same day. You can schedule a same day appointment by calling the clinic at 643-8420 or use a walk-in urgent care or after hours clinic such as those listed below. Examples of urgent problems are nausea and vomiting that won't stop, asthma, urinary tract infections, cuts that need to be sewn up, minor reactions to medications, and headaches.

Emergencies are conditions that require immediate care. Emergencies include loss of consciousness, intense and severe pain, chest pain that does not go away when you sit for a few minutes, possible poisoning or overdose, accidents involving head injury or broken bones, sudden weakness on one side of the body, uncontrolled bleeding, severe reactions to insect bites or medications-especially if breathing is difficult, and feelings of wanting to hurt yourself or others.

If you have an emergency, you should go to the nearest emergency room, such as Mercy or Sutter immediately. The McClellan Clinic is NOT capable of handling emergency situations. If necessary, call 911 for an ambulance from any phone on base.

# Recruiting service needs quality volunteers to shape AF future

Major Derek Kaufman
Air Force Recruiting Service

The Air Force Recruiting Service Recruit-the-Recruiter team will be on McClellan Air Force Base Dec. 14. If you are a self-starter and believe in what you do, you can help shape tomorrow's Air Force by becoming an Air Force Recruiter.

The quality of Air Force people is at its highest in our service's history and service officials are searching for highly motivated volunteers to shape the force for the 21st century as recruiters. The Air Force Recruiting Service has recruiting vacancies in a number of communities nationwide.

Senior Airmen through technical sergeants with four or more years of service are eligible to apply for special duty as an Air Force recruiter. Qualified applicants will receive their choice from available locations.

"Unlike our sister services, ev-

eryone of our recruiters is a volunteer," said Brig. Gen. Peter Sutton, Air Force Recruiting Service commander, who added people are attracted to recruiting for a variety of reasons. "New recruiters enjoy the opportunity to secure the future of the Air Force and provide America's young men and women with tremendous career options."

These benefits, coupled with Special Duty Assignment Pay, location of choice, a unique work environment, and world-class sales training are among the top reasons many noncommissioned officers choose to volunteer for recruiting duty.

If you sincerely believe in the Air Force as an opportunity and want to share your experience with America's best and brightest, consider recruiting duty. For more information on available locations and how to become a recruiter call the Recruit-the-Recruiter team at DSN 487-3511 or commercial (210) 652-3511.



9-1-1

McClellan employees requiring emergency assistance will be required to dial 9-1-1 beginning Nov. 1.

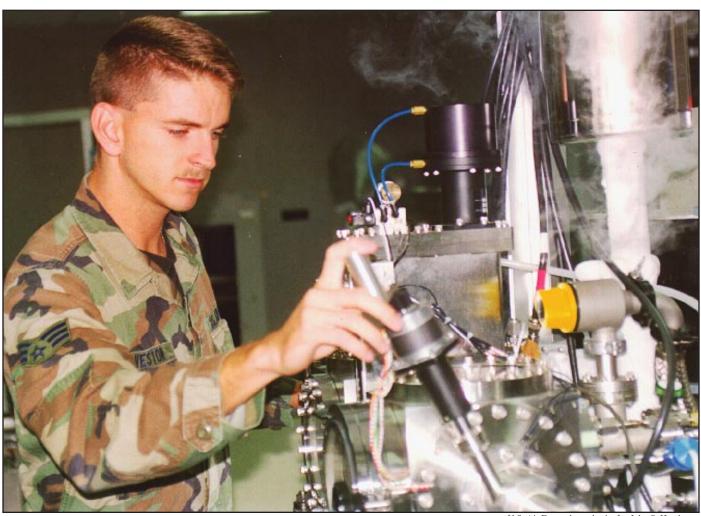
As the base population draws down and transfers to the County, it is imperative that all employees, whether Air Force, county, or private, can reach emergency help in a similar manner no matter where they are located on base.

Activation of this emergency number will enable McClellan employees to reach the same professional response as they are currently receiving.

Previous base emergency response numbers, 1-1-2 (police), 1-1-5 (ambulance), and 1-1-7 (fire) will be void after Nov. 1.

Watch the McClellan web page announcements for more information or direct your questions to Betty Marchbanks, 77th CEG/CECR, 643-4875.

#### **F**EATURE



U.S. Air Force photos by 1st Lt. John S. Hutcheson

Senior Airman Kelly Weston, mass spectrometry technician, makes some final adjustments to his instrument.

# TOD Airmen test for signs of nuclear winter

by Lt. Col. Kenneth Tenbleyker Technical Operations Division

As you drive the ribbon of Patrol Road that leads away from the main hub of activity on McClellan Air Force Base, you might start to think you're lost. The area is less populated the further you drive. Then, you make another turn and see a hulking, gray building looming ahead. You get closer and see a sign that reads, "AFTAC - Technical Operations Division." Though the Technical Operations Division's Russell Building is far from the hustle of the main base, walk inside and you'll feel the excitement of people with an important mission to accomplish.

TOD, the second largest associate unit at McClellan, is the largest subordinate unit of the Air Force Technical Applications Center, headquartered at Patrick Air Force Base, Fla.

AFTAC is responsible for monitoring several

nuclear test ban treaties by detecting and making positive identifications of nuclear explosions underground, in the atmosphere, or in space. To meet its responsibilities, TOD supports the operation of the United States Atomic Energy Detection System (USAEDS), a worldwide network of sensors and environmental samplers, nuclear debris sampling aircraft, and an analytical laboratory system which collect and identify indicators of foreign nuclear activities.

TOD traces its history to 1948 when AFTAC (then the 1009th Special Weapons Squadron) deployed personnel to McClellan to work with the 55th Weather Reconnaissance Squadron in flying nuclear debris sampling missions with WB-29 and WB-50 aircraft. This proved invaluable when an AFTAC sensor aboard a B-29 aircraft flying between Alaska and Japan detected debris from the first Soviet atomic weapon test in September 1949. The detection was even more noteworthy considering that most experts had predicted that the

USSR's first atomic test would not occur until the 1951-53 time frame.

In 1950, a permanent extension of the 1009th SWS, called the Western Field Office, was created at McClellan, marking the beginning of TOD as an Air Force unit. With the signing of the Limited Test Ban Treaty of 1963, the 1155th Technical Operations Squadron (renamed from the Western Field Office in 1960) reached its peak strength of 1,500 personnel.

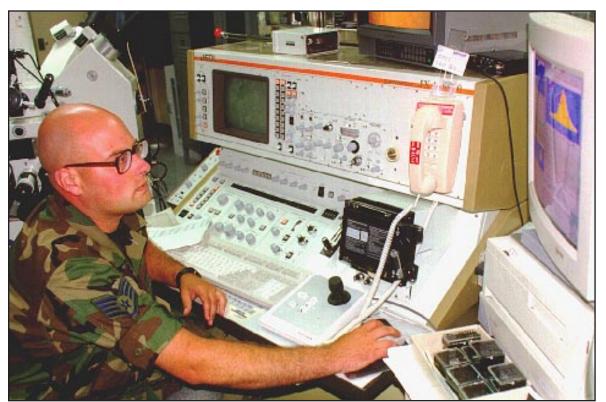
By the late 1970s, technology allowed redundant systems to be phased out, and the squadron's manpower reached a level of a little more than 400. However, because of the increased complexity and importance of the McClellan-based mission, the Air Force upgraded the unit to a named division in 1984, with its present designation, Technical Operations Division.

TOD's current commander, Col. Harold S. Rhoads directs an analytical laboratory, a logistics depot, and a mission support unit. The analytical laboratory, McClellan Central Laboratory, is really three distinct laboratories running three national programs supporting nuclear treaty monitoring.

The Applied Physics Laboratory is responsible for analysis of particulate matter using mass spectrometers, optical and electron microscopy, and other microanalytical techniques. An electron microprobe is used to take "photographs" of particles for topographical information and to perform elemental analysis. "We identify what elements are on a particle," says Master Sgt. Ted Noonchester, NCOIC of the Instruments Branch.

Using this instrument, technicians can identify particles one-tenth the diameter of a human hair. Subsequent analysis is performed on a Thermal Ionization Mass Spectrometer to determine the isotopic composition. Machine alignment and operating parameters are critical and require operators to have extensive technical knowledge and dedication.

The Gas Analysis Laboratory is responsible for the separation, purification, and quantification of gases from air samples which are collected by worldwide samplers. A gas chromatograph is used



Staff Sgt. Leonard Davis, electron and x-ray microscopist, analyzes a sample on the electron microprobe.

#### **FEATURE**





to extract a small amount of an air sample to determine its contents. Once this sample is

accurately measure their volume and radioactivity. The Applied Chemistry Laboratory has recently transferred a large portion of its mission to Los Alamos National Laboratory. Technicians in the lab are still responsible for processing filter paper samples from worldwide Ground Filter Units and airborne filters from a WC-135 aircraft, both of which collect nuclear debris released during foreign nuclear weapons tests. The filters are measured for radioactivity on a gamma spectrometer, which can indicate that a nuclear test has occurred.

verified, the Microprocessor Automated Chromato-

graphic System is used to separate the key compo-

nents, which are then loaded into the apparatus to

The logistics depot engineers sustain AEDS equipment worldwide. Their responsibilities include systems and item management to ensure proper levels of systems and spares are available at a moment's notice.

The Engineering and Maintenance Division provides a depot-level repair facility for the field's air and particle samplers, and equipment used on the WC-135 aircraft. They also maintain McClellan Central Laboratory's analytical equipment. In 1996, TOD's depot maintainers won the Air Force's Outstanding Small Depot of the Year Award.

TOD's Supply serves not only TOD, but all of AFTAC's detachments worldwide. These folks handle everything from managing supply contracts to stocking more than 9,000 equipment items valued at more than \$50 million. "A lot of our orders are critical," says Master Sgt. Mike Baker, deputy chief of Supply. "The detachments depend solely on us since they generally aren't supported by a local Air Force base." TOD won an Air Force-level Supply Effectiveness Award and secured two Major Command-level awards in 1996



Staff Sgt. Kevin Alig, nuclear measurements technician, carefully places a filter paper sample on a gamma spectrometer to measure its radioactivity.



Master Sgt. Ted Noonchester, NCOIC applied physics instrument branch, readies a scanning electron microscope for precision measurements

and 1997.

The Mission Resources and Systems Directorate provides computer and communication services, as well as contracting, budget, information management, security, and facilities management. They maintain not only a Local Area Network, but also a large mainframe critical to supplying mission data to TOD customers.

TOD's people possess a wide range of technical expertise. Many hold graduate degrees in chemistry, physics, nuclear engineering, computer science, and electronics engineering. Complementing this impressive scientific capability is an experienced and talented operational force supported by a skilled, hand-picked group of technicians. According to Rhoads, "TOD people represent the most dedicated professionals in the military today. They

love their jobs."

Because of the Base Realignment and Closure Commission decision to close McClellan, TOD's mission will transition by outsourcing laboratory operations to the commercial sector and other government laboratories, and by transferring logistics operations to Patrick Air Force Base and Lackland Air Force Base, Texas. Although TOD will be officially deactivated as an Air Force unit on Sept. 30, 1999, a deactivation ceremony is planned for April 9, 1999.

TOD closes after more than 50 years of a tradition of excellence. The division is a recipient of eight Air Force Outstanding Unit Awards between 1961 and 1982 and five Air Force Organizational Excellence Awards between 1984 and 1997.



Senior Airman Douglas Thomas-Schepeler, light microscopy technician, inspecting a "pick" for shape and uniformity.

*F.Y.I.* 

#### **Embry Riddle classes**

Registration for the January 1999 term for Embry Riddle Aeronautical University begins the week of Nov. 23. Undergraduate and graduate classes begin Jan. 4, 1999. Bachelors and Masters Degree programs are available for both military and civilians. Counseling is available on a walk-in basis; no appointment necessary. We have a degree program for you at affordable prices. All classes are 9 to 10 weeks long, one night a week. We also have an Algebra class to meet your CCAF requirement. Register now in our on-base office in Bldg. 8, Room 214 or call 643-5990 or (916) 920-9620 for more information. Office hours are Monday - Thursday, 9 a.m. - 6 p.m.; Friday, 9 a.m. - 2 p.m.

#### TESTING AT EDUCATION OFFICE

Students requiring the English Comprehensive CLEP with Essay, the Graduate Management Admissions Test, or the Scholastic Apptitude Test need to sign up soon for the special testing sessions listed below. For further information and to obtain an appointment to test, contact the Education Office, Bldg. 8, Room 225, 643-4776, Monday - Friday 9:30 a.m. - 4:30 a.m.

English Comp Clep w/ESSAY, Jan. 12, 1999, 8 a.m. (Deadline to sign up 8 Dec)

GMAT, Tuesday, Jan. 19, 1999, 8 a.m. (Deadline to sign up 8 Dec) SAT, Tuesday, Jan. 26 1999, 7:30 a.m.

#### **Applications accepted for Tops in Blue**

The 77th Services Division is now taking applications for active duty military who are interested in performing in Tops in Blue. Applicants will be required to submit an application along with a VHS video tape of the applicant as if performing in front of an audience. After the application package has been received, Air Force Entertainment will choose winners to compete in the Worldwide Talent Contest. Winners from that competition will become members of Tops in Blue. Completed applications, including video, must be received by noon on Nov. 25 To obtain information and apply, contact Ronda Chesebro at 643-4822.

#### Social

#### **Deck the halls**

Join in the holiday spirit! All OWC members, guests, and children over 13 – please come help decorate the O'Club on Sunday, Nov. 22. We will be decorating from 10 a.m., until 5 p.m. Any time you can donate would be greatly appreciated. In addition, a free hot lunch will be served for your efforts.

#### NCOA/AFSA holiday party

The McClellan Chapters of the Noncommissioned Officers Association and Air Force Sergeants Association will hold their combined Christmas Party Dec. 4 at the NCO Club. No host cocktails begin at 6 p.m. with buffet dinner served at 7 p.m. Tickets are \$13 and may be purchased from AFSA or NCOA members. The evening includes music, gift exchange and a visit from Saint Nick. For additional information, contact Nick Everett at 331-8570 or Chief Master Sgt. Jim Sullivan at 643-1141.

#### **OWC** holiday social

"Let It Snow" is our theme this holiday season. Join the OWC for a delightful morning, Dec. 8. The social will begin at 11 a.m., with brunch served at 11:30 a.m. The menu includes Holiday vegetable quiche, mixed vegetables, rolls & butter, hot mulled cider, coffee/tea, and spumoni ice cream. The Sierra Strings Hammer Dulcimer and Harp Group will be providing entertainment at our O'Club event. The cost for this function is \$7.50 for members and \$9.50 for eligible non-members. Reservations must be made by noon, Dec. 4. Please call Vicki Adair at 920-8684 or Vicky Hayden at 923-0459.

#### **SMW** Membership meeting

The Society of Military Widows, Sacramento Chapter #5 will have their Christmas Luncheon on Saturday Dec. 5 at Brother Oliver's at 5220 Manzanita Ave. Social Hour starts at 11 a.m., lunch at noon. There will be a speaker. For additional information, call Edna E. Brown 422-0891.



For Sale

#### DRMO sale

The Reutilization and Marketing Office at McClellan AFB is conducting a Local Sealed Bid Sale. The bids are to be opened on Thursday. Items to be sold include: automatic data processing equipment, office/household furniture, hardware, electronic equipment, metal storage cabinets, generator set, and lots more. There are over 400 items in this sale. Property is combined in like commodity groups and sold in various size lots.

Viewing is permitted Nov. 16 - 18 from 7:30 a.m. to 3 p.m. at the DRMO facility, Bldg. 700E.

Bids will be accepted until 7:30 a.m.Thursday. The public is encouraged to participate. You may download a catalog from www.drms.dla.mil.

For further information, contact the local DRMO office at 643-3830.



On the Web

#### Telephone directory

The McClellan AFB Telephone Directory is now available on the McClellan Web page. It can be found through the "Phone Book" on the home page. It is currently divided into five sections: Organizational, Personnel, DSN, Quick Reference Numbers and Fax numbers.

Please help us update and improve this directory by submitting the Change Request Form located within the "Updates and Comments" link at the bottom of the contents page.

POC for the Personnel Section is Kay Hollis, 643-2880; and for Organizational and other sections Diane Harris, 643-5657.



**AMEX** 



Due to a new Air Force contractual agreement, American Express Cards will no longer be accepted in Services activities beginning Nov.29 at 11:59 p.m. This change includes both Government and Personal American Express Cards. Beginning Nov.30 at 12:01 a.m., the Nations Bank Visa Card becomes the Official Government Travel Card.

This change will be most significant in Lodging facilities in the Air Force. It is particularly important to note that guests who check into the McClellan Inn (and other Air Force Lodging facilities) prior to Nov. 30 will be required to settle all payments by no later than 11:59 p.m., Nov. 29. Other acceptable means of payment will be required at that time including the new Nations Bank Visa, Air Force Club Membership credit card, personal Visa/Mastercard, check or cash.

Questions regarding this matter should be directed to Lodging at 643-4534.

## Setzer Foundation Saves McClellan Aviation Museum

Laura J. Williams Staff Writer

"The family business, Setzer Box Co., started in 1927," Hardie C. Setzer said, "and after many years of mostly successful growth, the family started a charitable foundation."

That was 1965; and each year the Setzer Foundation donates money to worthy causes in communities around the state.

This year, the McClellan Aviation Museum Foundation became the recipient of one of the larger endowments the Setzer Foundation has given. They offered to fill in the gap between everything the Museum Foundation could raise by the deadline set by the Air Force, and the amount required to save the museum.

"It just seemed like a shame to have a resource like the museum be lost to the Sacramento community," Setzer said. "Sacramento has a long military aviation history, and the museum has a group of dedicated volunteers to support its function. It would be such a waste to lose it all if we could help."

"Hardie Setzer is one of the most generous people I have met in my life," said Jim Wilson, previous president of the McClellan Aviation Museum Foundation. "He is the absolute key to success in saving the museum."

Forest Products, formerly Setzer Box. The company was founded by the current trustees' father and grandfather, Curt Setzer. The foundation began with a mission to help disadvantaged children, little ones with disabilities, burns, poor home environments or abusive backgrounds. Their scope soon broadened to include hospitals, organizations which assist people with various illnesses, the arts, homeless aid groups and nearly every segment of

The foundation's gifts are managed by a threeperson board of trustees including Hardie Setzer, his brother Cal Setzer and

his son Mark Setzer. Hardie spends much of his and accepts donations year round. If you'd like time in his semi-retired years, managing the re-

quests from many causes, making certain checks The Setzer Foundation is the legacy of Setzer are cut and delivered, and attending functions to

> further worthy causes. His long time secretary, Alice Ward, keeps the paperwork straight.

> "We plan to build a facility that Hardie Setzer, a World War II fighter pilot and great American, and the other members of the Setzer Foundation can be proud of, Wilson said. "The museum will provide educational opportunities for and be enjoyed by many future generations," he added.

While the museum is over

the major hurdle of gaining approval to remain at McClellan after closure; the challenge remains to meet the operating expenses year after year. To do that, the McClellan Aviation Museum Foundation recruits members

Photo courtesy of McClellan Aviation Museum Chris Russo, President of the McClellan Aviation Museum Foundation, left, presents a momento to Hardie Setzer of the Setzer Foundation whose sizeable donation ensured the McClellan Aviation Museum's

JTIDS modules provide valuable combat support

2nd Lt. Cecilia I. Lozada

77th Mission Support Squadron

What do the words "Air Force" bring to mind? Probably not ground tactics, yet information distribution systems are just that.

And when it comes to communicating mission essential data, a system that is ready and reliable is at the core of linking combat command and control elements.

The Joint Tactical Information Distribution System is a highly secure digital information network, structured to transmit surveillance, position, status and other data to network participants.

The JTIDS provides the means to link naval, air and ground combat elements. The system falls under LHY in the Ground Theater Air Control System Program Office, directed by Lt. Col. Terry W. Jones.

The program is tasked with developing and constructing a housing element, the JTIDS Module, for the JTIDS radio set.

The acquisition side of the tasking has been led by the Electronics Systems Center at Hanscom AFB,

Due to ESC's dynamic work effort, the acquisition portion has come to a close.

The Ground Tactical Air Combat

systems Program Office at McClellan is currently managing sustainment issues, including the JM fielding. Fourteen JMs have now been deployed throughout the United States, with twenty-two remaining to be built.

doors stayed open.

A large measure of credit for the fielding is due to the diligent efforts of the (LHP) Communications Electronics Division personnel.

Considering the many challenges faced during the system integration, LHP has demonstrated outstanding support that enabled the JMs to deploy on schedule.

Perhaps the main challenge faced by LHP has been the constraints of base closure. Still, the shop has prevailed and integrated the systems ahead of schedule.

LHP has also stood up to the task of completing additional redesign and rewiring work as needed.

"It's been an interesting and at times frustrating challenge,"said Dave Maudsley, Project Manager of the integration effort. "We've gotten there, though, through a team effort and it's good to see the fruits of our labor go successfully out the door."



U.S. Air Force Photos by 2nd Lt. Cecilia Lozada



(Above Left to Right) Bernard Hawley and Lena Brigner, of the Communications Electronics Division, install a Joint Tactical Information Distribution System terminal rack. (Right) An exterior view of a Joint Tactical Information Distribution System Module.



to help, call the museum at 643-3192.

**McClellan Restoration Advisory Board Public Meeting** 

The McClellan Air Force Base Restoration Advisory Board will host a public meeting to discuss the progress of McClellan's environmental cleanup program.

Wednesday, December 2 6:30 p.m.

Vineland Elementary School 6450 20th Street

Rio Linda

RABs provide a forum through which local communities, installations and regulatory agencies can work together in an atmosphere that encourages discussion and exchange of information on current and future environmental programs McClellan.

The public is encouraged to participate through programs like the RAB.

If you would like more information, like to be added to the mailing list, or need special accommodations for the meeting, please contact Merianne Briggs, McClellan Environmental Community Relations Coordinator at (916) 643-1742, ext. 457.

# Now showing at the Base Theater

#### Nov. 20 - 22 Ronin - Friday

Robert DeNiro, Jean Reno - Sam is an American hired along with an international team of covert operatives to steal a mysterious briefcase. None of them knows the identity of their employer, the true motives of anyone else in the group or the contents of the briefcase. The one thing that is clear is that some will die for it and they will kill for it. Rated R (strong violence, some language) 121 minutes.

#### **Urban Legend** - Saturday

Jered Leto, Alicia Witt - Students at New England's Pendleton College have an urban legend of their own. Thirty years ago, six students and one professor were found dead in Stanley Hall. As the 25th anniversary of the bloody massacre draws near, students start turning up dead. Rated R. (horror, violence, gore, language, sexual content) 101 minutes.

#### **One True Thing** - Sunday

Meryl Streep, Renee Zellweger - Ellen Gulden, an ambitious young Manhattan journalist, is forced to move back home to help her middle-aged parents through a crisis, Ellen discovers that these are two people she has always loved but never really known. Rated R (language) 127 minutes.

#### Nov. 27 - 29

#### A night at the Roxbury - Friday

Chris Kattan, Will Ferrell - The Butabi brothers have one goal in life: to become movers and shakers in the Los Angeles ultra trendy nightclub scene. A series of fortunate accidents help usher them into the ultra hip Roxbury Club and into a life they are totally unprepared to handle. Rated PG-13 (sexual humor, language, drug content) 83 minutes.

#### Antz - Saturday

Animated - A worker ant, one in a billion, loves Princess Bala. He finds himself leading an evolution. Once the most insignificant of workers, he proves to be the biggest hero of them all. Rated PG (mild language, menacing action) 83 minutes.

# What Dreams May Come - Sunday

Robin Williams, Cuba Gooding, Jr. - Chris Nielsen's love for his wife defines the core of his being and completes his soul. After his untimely death, he finds that he must journey to the very depths of Hell to be with her. He does. Rated PG-13. (thematic elements involving death, disturbing images, language) 113 minutes.

#### Movies start at 7 p.m. in Bldg. 1417



# The United States Air Force Band of the Golden West

Happy Holidays Concert

### Saturday, December 5, 3 p.m.

C.K. McClatchy High School Auditorium 3066 Freeport Blvd. Sacramento CA 95818

Sponsored by:
C.K. McClatchy High School Music Department

Mail this coupon for C.K. McClatchy H.S your FREE tickets to: Music Department

C.K. McClatchy H.S. Music Department 3066 Freeport Blvd. Sacramento, CA 95818

Please send me free tickets (limit of 6 tickets per
request) to the United States Air Force Band of the Golder
West Happy Holidays Concert

	Be sure to enclose a
Name:	self addressed stamped envelope
Phone Number:	envelope
1 Holle 1 (allieer:	

# Base soccer team recruiting players

The base soccer team is seeking active duty military and dependants to join their soccer team.

Practice is held every Wed. at 4:30 p.m., Talbot Fitness Center Soccer field and Sat. at 10:30 a.m., base football field.

Anyone interested in joining the team should contact Capt. Sol Rahel, 643-6333 or e-mail at rahelso@smmail.mcclellan.af.mil



# SERVICES Combat Support & Community Service 77th Services Division, McClellan Air Force Base

#### **Youth Center**

**Today:** Open recreation, 2 - 7 p.m.; Open gym, 2 - 3 and 4 - 7 p.m; snack bar, 2 - 7 p.m.; advanced gymnastics, 3 - 4 p.m.

**Friday:** Open recreation, 2 - 6 p.m.; open gym, 2 - 6; snack bar, 2 - 6 p.m. Skate night, 6:30 - 9 p.m., grades 4 - 7 non perishable food donations required for admission.

**Saturday:** Open recreation, noon - 5 p.m.; snack bar, noon - 5 p.m.

Sunday: Closed

**Monday:** Open recreation, 2 - 7 p.m.; open gym, 2 - 7 p.m.; snack bar, 2 - 7 p.m.

**Tuesday:** Open recreation, 2 - 7 p.m.; Open gym, 4:15 - 6 p.m.; Beginning Gymanstics 2:15 - 3:15 p.m. and 3:15 - 4:15 p.m. Tae Kwon Do, 6 - 7 p.m. Moms and tots group 10 - 11 a.m.

**Wednesday:** Open recreation, gym, and snack bar 2 - 7 p.m.; Couples Communication Class, 6:30 - 7:30 p.m. To sign up, call Family Advocacy at 643-1518.

#### Nov. 26 - Dec. 2

**Thursday:** Closed for Thanksgiving, Happy holiday!

**Friday:** Open recreation, 2 - 6 p.m.; open gym, 2 - 6; snack bar, 2 - 6 p.m.

**Saturday:** Open recreation, noon - 5 p.m.; snack bar, noon - 5 p.m. Teen night, 6 - 11 p.m., ages 13 - 18, non perishable food donations appreciated.

Sunday: Closed

**Monday:** Open recreation, 2 - 7 p.m.; open gym, 2 - 7 p.m.; snack bar, 2 - 7 p.m.

**Tuesday:** Open recreation, 2 - 7 p.m.; Open gym, 4:15 - 6 p.m.; Beginning Gymanstics 2:15 - 3:15 p.m. and 3:15 - 4:15 p.m. Tae Kwon Do, 6 - 7 p.m. Moms and tots group 10 - 11 a.m.

**Wednesday:** Open recreation, gym, and snack bar 2 - 7 p.m.; Couples Communication Class, 6:30 - 7:30 p.m. To sign up, call Family Advocacy at 643-1518.

# **Anthrax vaccine** ensures safety of U.S. troops abroad

#### **Capt Bob Garrison**

Public Health Flight Commander

By now, everyone has heard the news: all active-duty, reserve and National Guard personnel are to be immunized against anthrax. Why? To protect our forces against what is quite possibly one of the most lethal biological weapons in existence.

Although news reports of the biological weapons threat suggest that anthrax is a new disease, it has been recognized for centu-

In nature, anthrax is a disease normally associated with livestock, and in some areas of the world, such as the former Soviet republics, it is quite common in cattle.

In the U.S., including California, the disease is rare. People usually become infected by handling infected hides or wool of infected animals (hence the term "woolsorter's disease), but infection can also be acquired by inhaling the bacteria or eating undercooked meat from an infected animal.

So what's the military's concern about anthrax? Simply stated, it's this: anthrax is a lethal disease in the pulmonary (inhaled) form, it is a fairly simple matter to develop a weapons system which can deliver the bacteria, and several potential adversaries of the U.S. have the capability to use it as a biological weapon.

To counter this threat, Secretary of Defense Cohen announced in September 1997 that all U.S. service personnel will be immunized against anthrax, starting with personnel presently in and deploying to certain high-threat areas, including southwest Asia and South Korea.

The initial vaccination series consists of six shots over an 18month period, with annual booster thereafter.

The vaccine has been licensed by the FDA since 1970 and has been safely given to thousands of people with very few serious side effects.

Mild tenderness which persists for a few days is common and is not cause for alarm. Finally, it is impossible to contract anthrax from the immunization, as it does not contain live bacteria.

For further information about the anthrax immunization program, contact Capt Garrison at 643-8448 or SSgt Rivers at 643-8349.

#### TASA opening ceremony



Clifford H. Bernath, director, American Forces Information Service and Gregory O. Gosch unveil Gosch's rendition of the new Television-Audio Support Activity building at the Activity's opening ceremony Nov. 17. The renovated Bldg. 209 is TASA's administrative facility, and will remain the activity's hub for engineering, logistics, acquisition, commodity and supply services well after McClelan Air Force Base closes.

#### **EMERGENCY**

If you are uncertain about which category your problem fits into, or just want information, call the Health Care Information Line at 1-800-611-2883.

A registered nurse will be available to answer your questions, discuss self-care measures, and let you know whether or not you need to see a provider.

This service is available 24 hours a day for TRICARE beneficiaries. Another great resource is the self-help guide.

This book contains basic remedies to many common situations and suggests practical care which can be done on your own. If you are a TRICARE beneficiary and have not received a copy of this book, contact the clinic.

Health care options are changing as the base goes into closure. You must be aware of the health care options available to you and your family; failure to do so may result in delayed care and/or out-of-pocket expense.

The medical group has information on these changes and local health care alternatives. For additional information, call Flo Grapes at 643-8536.

# Public health offers Holiday safety tips

#### **Courtesy of the 77th Medical Group**

Thanksgiving Day is a time for happiness, gathering of families and friends, food and celebration. The roast turkey is always the center of attention. Without proper storage and preparation, however, that center of attention could become a source of foodborne illness. Campylobacter and Salmonella are two types of bacteria capable of causing abdominal pain, cramping, fever, diarrhea, nausea and vomiting. To help ensure that your Thanksgiving is safe and enjoyable, Public Health offers these safety tips regarding the handling and preparation of your turkey: Frozen turkeys should be defrosted in the refrigerator. Ensure the refrigerator maintains a temperature of 41( F or below. Rapid thawing can be safely done by immersing the frozen turkey in a pan under cool (less than 70(F) running water.Remove, clean and refrigerate the giblets. Once the turkey is thawed it should be cooked within two hours. Poultry and other meat products should never be left at room temperature for more than four hours. Disease-causing bacteria need

## **Emergency Care Options**





Health 1-800-611-2883 Care

Health Care Information Line After Hours PCM Point of Contact - 643-7212 TRICARE Service Center/ Health Care Finder 1-800-242-6788

Faciltiy	Address	Pho	one Ho	ours
VA Urgi-Cente	r Mather Field Rd., Rancho Cordova	366-	-5407	
Med 7	4156 Manzanita Ave., Carmichael	488-	6337 9	a.m 9 p.m.
Med 7	3100 Douglas Blvd., Roseville	722-	-6337 9	a.m 9 p.m.
Med 7	500 University Ave., Campus Common	ns 920-	-6337 9	a.m 9 p.m.
Med Care	907 Douglas Blvd, Suite 70, Roseville	783-	-0101	_
Medical Cente	r			

#### **Emergency Care**

For on-base emergencies, call 911 from any phone

Facility	Address	Phone
Mercy American River Hospital	4747 Engle Rd., Carmichael	484-2222
Mercy Hospital of Folsom	1650 Creekside Dr., Folsom	983-7400
Mercy San Juan Hospital*	6501 Coyle Ave., Carmichael	537-5000
Sutter Davis Hospital	Covell Blvd at Hwy 113, Davis	530-756-6440
Sutter General Hospital	2801 L St., Sacramento	454-2222
Sutter Memorial Hospital	5151 F St., Sacramento	454-3333
Sutter Roseville Med Center	One Medical Plaza, Roseville	781-1000
UC Davis Medical Center	2315 Stockton Blvd, Sacramento	734-2011
Woodland Memorial Hospital	1325 Cottonwood, Woodland	441-7626
Sutter Auburn Faith Hospital	11815 Education Street	530-888-4507

\*The facilities listed above are located 10-15 minutes from McClellan AFB

The 77th Medical Group clinic no longer provides emergency room services. The clinic recommends identifying your closest emergency room and driving there to be sure of its location in the event of an emegency.

#### **T**URKEY

temperatures between 41 to 140 degrees Fahrenheit to rapidly multiply, and room temperature falls neatly in this range.

Ensure all dishes, utensils, kitchen equipment and work surfaces are clean. If the raw giblets and turkey were placed on the cutting board, make sure the cutting board is thoroughly cleaned and sanitized before and after it is used.

Practice good personal hygiene. Wash your hands before preparing each food group.

Don't make what is possibly the most common mistake: cooking the turkey the night before and leaving it in a warm oven for several hours just before it's served. This is an invitation to disaster! Leftover turkey should be placed in a small covered container and immediately refrigerated. Leave the cover loose at first to permit the turkey to cool rapidly

By minimizing the conditions ideal for bacterial growth, the risk of illness is reduced (and so are the chances that your family celebration will long be remembered for other than happy reasons!).

Pay special attention to the preparation and storage of your "bird" and have an enjoyable Thanksgiving. If you have questions about this or any other food-safety topic, call Public Health at 643-8448.

## **Ogden Bound**



U. S. Air Force Photo by Ester A. Stubbs

(Left to Right) Dan Rominger, 77th Air Base Wing, transportation, Kay Johnson, Ogden Air Logistics Center Equipment Program Manager, and Jim Freed, Sacramento Air Logistics Center A-10 transition Coordinator take a final look at an A-10 equipment manifesto prior to shipping its contents to Ogden Air Logistics Center, Ogden Utah. The shipment is the first in a series which will support the movement of McClellan's A-10 workload to Ogden ALC.

# Pentagon Ceremony Honors Native American Contributions

American Indian

Heritage Month

Rudi Williams

American Forces Press Service

WASHINGTON - After more than 223 years of fighting America's wars, native Americans finally got their due Nov. 10 during the Pentagon's first ceremony recognizing their military service contributions.

In his remarks on the service and sacrifice of American native

veterans, Deputy Secretary of Defense John J. Hamre said "recognition of American Indians and Native Alaskan veterans is long overdue."

"American Indians have served in all of our nation's wars, and theirs is a path of

honor," Hamre told the standing room only crowd in the Pentagon auditorium.

"Yours is a path of true warriors, of those who choose to fight for higher purposes and for the glory of a nation," Hamre told the Native Americans. "And yours is a path of communal respect for those who served under arms so long, so well, and so humbly."

The ceremony, in honor of Veterans's Day and Native American Indian Heritage Month, was hosted by David R. Oliver, Jr., principal deputy undersecretary of defense for acquistion and technology. It featured ceremonial songs and dances by military veterans from the Sitka Tribe of Alaska and a performance by the Cedartree Singers and Dancers from the Eastern Band of the Cherokee (North Carolina). A special tribute was given to the Navajo code talkers, who played a key role with the Marine Corps in the Pacific Theatre of operations

during World War II.

The ceremony follows the Oct. 21 release of a new DoD policy statement provides guidance to DoD components on addressing tribal concerns related to protected resources, rights and Indian land. The policy establishes a foundation

for developing and strengthening relationships with tribal nations in addition to enhancing an understanding and cooperation between tribal nations and the Department of Defense.

Other featured speakers during the ceremony also included Lynn Cutler, deputy assistant to the president for American Indian and Native Alaskan affairs; and Roger "Red Hawk" Bucholz, a decorated Vietnam veteran and member of the Mdewankanton Band of the Santee Tribe of the Dakota Nation.

#### **F**AMILY

CONTINUED FROM PAGE 3

an excellent school system for families overseas. Much work is currently being done to improve physical fitness centers, she added.

A secondary reward of being a military family member is less tangible, but nonetheless, very real, said McGinn, whose father and husband are both retired soldiers.

"As a military family member myself, I know you make lifelong friends and you belong to a community of people that is there with you for your whole life. When you're not a member of a military community, you miss that."

Military Family Week is designed to give commanders, installations and military families themselves a chance to recognize the importance of the military family, McGinn said.

"Service members work long hours, there are after-school activities, spouses often work — it's a good opportunity to take time out of their very busy schedules and celebrate the moment with their families," she advised. "When you see the sign that says 'Military Family Week,' take a moment and think about how precious a family really is."

#### **Veterans Day Ceremony**



U.S. Air Force Photo by Retired Chief Master Sgt. Jim Kearns (Left to Right) Lynn Jones, Vice President, McClellan Air Force Sergeants Association Auxiliary and Master Sgt. Larry Williams, 652nd Combat Logistics Support Squadron lay a wreath in honor of U.S. Service men and women at the Air Force Sergeants Association Veterans Day ceremony, Nov. 11, at the NCO Club.